

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1

Hot Ham and Cheese Sando, Carrot Sticks + Orange Wedges

Toasted Cheese Sando, Carrot Sticks + Orange Wedges

2

Chicken Tenders, Roll, Tater Tots + Applesauce

Strawberry Yogurt Parfait, Tater Tots + Applesauce

3

Chili Mac and Cheese, Peas and Broccoli, Pear + Fruit Cup

Mac and Cheese, Roll, Peas and Broccoli, Pear + Fruit Cup

4

Beef and Cheese Quesadilla, Spanish Beans + Banana

Bean and Cheese Quesadilla, Spanish Beans + Banana

5

Crispy Chicken Sando, Roasted Cauliflower + Apple Slices

Hummus with Pita, Roasted Cauliflower + Apple Slices

8

Pasta with Meat Sauce, Green Beans, Pear + Fruit Cup

Baked Pasta Marinara, Green Beans, Pear + Fruit Cup

9

Sweet and Sour Chicken, Brown Rice, Broccoli + Applesauce

Pineapple Fried Rice, Broccoli + Applesauce

10

Beef Cheeseburger, Carrot Sticks + Orange Wedges

Black Bean Cheeseburger, Carrot Sticks + Orange Wedges

11

Testing Days  
Noon Dismissal

12

Testing Days  
Noon Dismissal

15

Chicken Tenders, Roll, Potato Medley, Pear + Fruit Cup

Veggie and Cheese Flatbread, Potato Medley, Pear + Fruit Cup

16

Chicken Shawarma, Rice, Cooked Carrots, + Applesauce

Curried Chickpeas, Rice, Cooked Carrots, + Applesauce

17

BBQ Pulled Pork Sando, Cole-slaw + Orange Wedges

Strawberry Yogurt Parfait, Cole-slaw + Orange Wedges

18

Chicken Parm Primavera, Roll, Steamed Broccoli + Banana

Eggplant Parm Primavera, Roll, Steamed Broccoli + Banana

19

Chicken and Cheese Quesadilla, Steamed Corn + Apple Slices

Bean and Cheese Quesadilla, Steamed Corn + Apple Slices

22

Cheese Burger Deluxe, Sweet Potato Fries, Peas + Fruit Cup

Hummus with Pita, Sweet Potato Fries, Peas + Fruit Cup

23

Chicken Alfredo Pasta, Roll, Broccoli and Carrots + Applesauce

Pesto Pasta, Roll, Broccoli and Carrots + Applesauce

24

Beef Tacos, Spiced Black Beans + Orange Wedges

Strawberry Yogurt Parfait, Spiced Black Beans + Orange Wedges

25

Turkey, Bacon and Cheese Bagel, Hashbrowns + Banana

Egg and Cheese Bagel, Hashbrowns + Banana

26

Pepperoni Pizza Bagel, Roasted Cauliflower, Caesar Salad + Apple Slices

Cheese Pizza Bagel, Roasted Cauliflower, Caesar Salad + Apple Slices

29

Hot Ham and Cheese Sando, Carrot Sticks + Orange Wedges

Toasted Cheese Sando, Carrot Sticks + Orange Wedges

30

Chicken Tenders, Roll, Tater Tots + Applesauce

Strawberry Yogurt Parfait, Tater Tots + Applesauce

